

Always obey the rules.



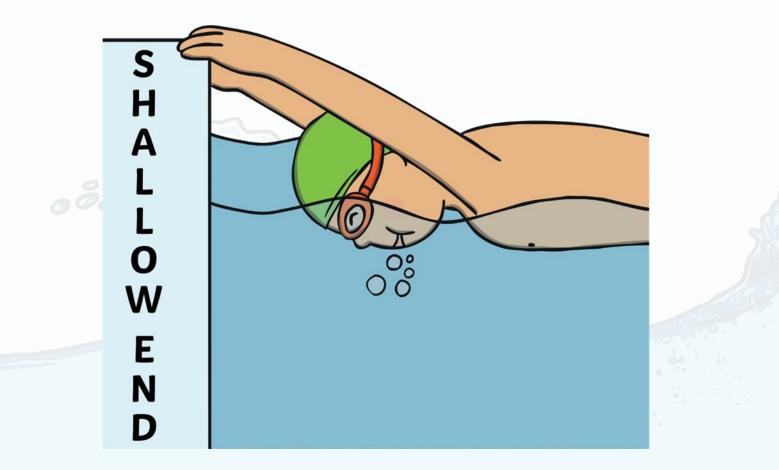
Make sure you have an adult to watch you.



Never eat when swimming.



Swim at a safe depth.



Walk carefully around the pool.



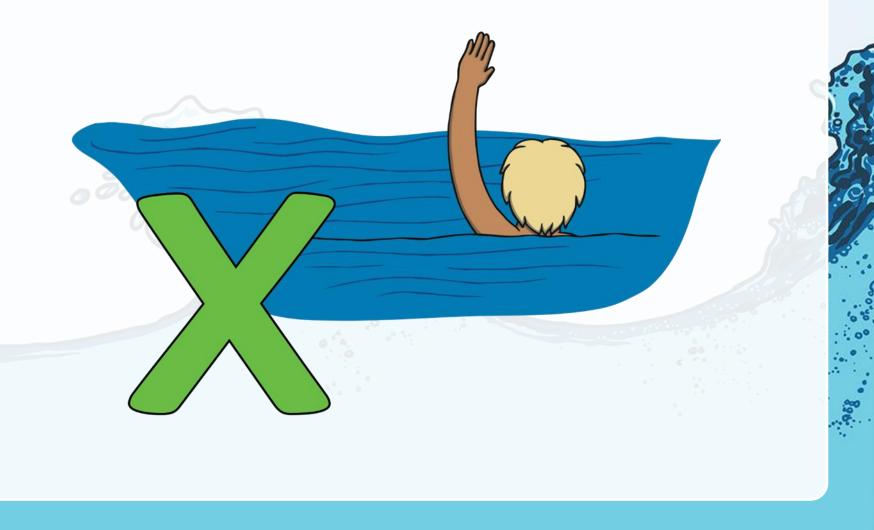
Use a float or wear armbands.



Do not swim in ponds, lakes or rivers without adult permission.



Do not swim alone at the beach.



Always wear a life jacket if you are on a boat.



